

OAKMONT 5K RUN

Saturday, June 15, 2019 9:00am
Riverside Park, Oakmont, PA

When: Saturday June 15, 2019 Start at 9:00 am (Registration begins at 7:30 am at the park track)

Where: Riverside Park, Oakmont, Pa. (next to Riverview High School)

*Out and back course in Oakmont. Starts on 3rd Street and ends on the Riverside Park track.

Entry Fee: On or before June 1 - \$18.00
June 1 thru Race Day - \$20.00 (shirt not guaranteed after June 1)
Registration is final. No refunds.

Make checks payable to: **Oakmont Borough Recreation**
(memo: Creekside Trail Development)

Send to: Palma Ostrowski 728 15th Street Oakmont, Pa. 15139

Awards:

Age Group Awards Male & Female (top 3 of each age group):
8-under; 9-11; 12-13; 14-15; 16-17; 18-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70-over
1st Masters (M & F); 1st Oakmont Resident (M & F); Parent/Child Team: 1st, 2nd, 3rd

Additional Information: Palma Ostrowski: palmaost@gmail.com or 412-965-9303
Visit www.runhigh.com for registration form and directions.
Like us on facebook!! <https://www.facebook.com/twinboro5krun>

Name _____ Age on race day _____ M/F _____

Address _____ City _____ State _____ Zip _____

Email _____ Phone number _____

Shirt Size - (circle): Adult S Adult M Adult L Adult XL

Are you on a parent / child team? (all ages welcome) _____

Emergency Contact _____ Phone _____

Release: By signing this application, I hereby waive, discharge and release myself, any and all claims, damages, demands and courses of action of any kind, including negligence, that I may have against the Oakmont 5K volunteers, sponsors, and organizers of this event, which arise from my participation in this event. I hereby certify that I am physically fit to participate.

Signature _____ Date _____

Parent/Guardian (if runner is under 18 yrs of age) _____ Date _____